

Free Social Emotional Resources from the Federal Government

Do you want resources or ideas of how to work with a child with challenging behaviors or just ways to make classroom management go more smoothly? Help is just a few clicks away at two web sites that are full of the latest researched based materials to assist you in this area.

The Technical Assistance Center on Social Emotional Intervention for Young Children, (TACSEI) is a five-year grant made possible by the U.S. Department of Education, Office of Special Education Programs. TACSEI takes the research that shows which practices improve the social-emotional outcomes for young children with, or at risk for, delays or disabilities and creates FREE products and resources to help decision makers, caregivers, and service providers apply these best practices in the work they do every day. Visit the TACSEI website at: www.challengingbehavior.org.

The Center on the Social and Emotional Foundations for Early Learning (CSEFEL) is focused on promoting the social emotional development and school readiness of young children birth to age five. CSEFEL is a national resource center funded by the Office of Head Start and Child Care Bureau for disseminating research and evidence-based practices to early childhood programs across the country. Visit the CSEFEL website at: <http://www.vanderbilt.edu/csefel/>

As navigating through any site can be time consuming, here are just few of the materials and where they can be found in the sites. Titles in blue are hyperlinked so by hitting control-click it will take you directly to the materials. If you have a print copy, follow the link instructions.

For parents – CSEFEL Resources: [Family Tools](#):

Brochures such as *Teaching Your Child To: Identify and Express Emotions*; *Responding to Your Child's Bite*; *Teaching Your Child To: Cooperate with Requests*; *Make the Most of Playtime*

[Parent Training Modules](#) Includes a Power Point presentation, script for the presentation, activities, and materials to be used.

TACSEI

Browse Resources- Brochures and Booklets- [Positive Solutions for Families](#): *Eight Practical Tips for Parents of Young Children with Challenging Behavior*

For early childhood teachers and caregivers

[CSEFEL](#) Resources-Practical Strategies

[Book List](#) – a list of books that can be used to support social emotional development divided into categories such as *Being a Friend*; *Good Behavior Expectations*; *Happy Feelings*; *Problems Solving*

[Book Nook](#) – has activities to go with 23 books related to emotions such as “Hands are not for Hitting”, “Rainbow Fish” and “The Kissing Hand”

[Scripted Stories for Social Situations](#) help children understand new situations, social rules and expectations. Examples of some found on the site; *What Do We Do In Circle?*; *I Can Use My Words*; *I Can Be a Super Friend*

[Teaching Social Emotional Skills](#) such as Feeling Chart; Problem Solving Steps Chart and Cue Cards for appropriate choices.

[TACSEI](#) – Browse Resources- Tools

[Creating Teaching Tools for Young Children with Challenging Behavior](#) – this is a zip file with handouts, a variety of tools including handouts, worksheets, techniques, strategies, visuals and other materials that support teacher working

[Complete Guide to Positive Behavior Support](#) - this document is a complete reference that outlines the entire PBS process

For Trainers and Administrators

[CSEFEL](#) Resources by group – For trainers and Administrators

[Infant/Toddler Training Modules](#)

This set of 3 training modules includes facilitator guides, trainer scripts, PowerPoint Slides, participant handout, and training video clips for supporting early care and education providers who work with children birth - 2 years old and their families.

[Preschool Training Modules](#)

This set of 4 training modules includes facilitator guides, trainer scripts, PowerPoint Slides, participant handout, and training video clips for supporting early care and education providers who work with children 2 – 5 years old and their families.

[Pre-service Faculty](#)

Sample syllabi showing how others have embedded the CSEFEL material/approach into coursework.

[TACSEI](#) – Browse Resources – Handouts

[Preventing Challenging Behavior in Young Children: Effective Practices](#)

The single best way to address challenging behaviors in young children today is to take steps to make sure that they never occur. While there is no universal panacea for preventing challenging behaviors, there are several broad-based early intervention strategies that researchers suggest to prevent challenging behaviors.

[Addressing Persistent Challenging Behaviors](#)

Assessment-based, individualized interventions are needed for young children with persistent challenging behavior. This fact sheet provides guidance on the implementation of Positive Behavior Support and the development of effective behavior support strategies.